

Hypospadias

Post-op Instructions

Appearance

- After surgery, your son's penis and scrotum may be red, swollen, and/or bruised for several days.
- Your son might have a small amount of bleeding at his surgical site. It can be normal to see a few drops of blood in the diaper.
- If the penis is actively bleeding, you will need to apply pressure to the area (squeeze gently). Apply pressure to the area for 5 minutes without removing your hand to check the penis. Usually five minutes is enough to control the bleeding but if this does not work, apply pressure for 10 minutes more and call the hospital number listed below.

Dressing/Wound Care

- Dressing
 - Your son will have a dressing over his penis and a small tube in the urethra (stent) to drain urine. The dressing and stent will be removed in ___ days in the office.
 - If the dressing falls off at home before ___ days, you do not need to replace it but should apply Bacitracin to the entire penis until your son's follow up appointment.
 - After the dressing is off apply Bacitracin ___ times a day and with every diaper change for ___ days. After ___ days stop applying Bacitracin and start applying Vaseline to the penis ___ times a day and with diaper changes for ___ weeks.
- Stent
 - The stent will be held in place by a stitch at the end of the penis and should continuously drip urine into the diaper. If the stent falls out, do not attempt to put it back in, you will need to call the urologist and bring the stent with you to your son's appointment.
 - If you notice that urine is not draining from your son's stent you should check to see if the tube is kinked. You can check this by changing your son's position (for example, from laying down to sitting up). If urine is still not draining, you should try to flush the stent.
- Double diaper while stent is in place
 - If your son is still in diapers, two diapers should be used for added protection.
 - The inner diaper is for his bowel movements and the outer diaper will absorb his urine. A hole will be cut in the inner diaper to allow the urine to drain into the outer diaper

Activity/Bathing

- Your son may not use straddle toys (bikes, swings, walkers) for _____ weeks after surgery.
- Do not hold your son on your hip for _____ weeks.
- You should continue to use your son's car seat.
- Your son can return to day care or school when they are no longer having pain.
- Your child should not participate in gym or vigorous sports for _____ weeks.
- Give your child a sponge bath until dressing and stent are removed.
- Your child may use the tub after the dressing and stent are removed in the office. Use warm water but do not use soap directly on the penis for the first _____ days.
- If your son's penis or dressing gets soiled with stool, rinse the area gently with a mixture of ½ hydrogen peroxide and ½ water.

Pain Management

- Children recovering from a hypospadias repair usually have some soreness.
- Give the pain medication as prescribed and instructed by your son's doctor.
- Quiet activities like movies, TV, music or stroller walks are encouraged.

Medications

- Ditropan may be prescribed for bladder spasms. This should be given as prescribed and instructed by your son's doctor.
- Bacitracin is used for ___ days on the penis after the dressing is removed.
- Low dose antibiotics may be prescribed and should be taken daily as prescribed by your son's doctor.

Nutrition/Bowel Movements

- You child can return slowly his regular diet after surgery.
 - When you get home after surgery give foods to help prevent stomach upset- apple juice, popsicles, ginger ale, Jell-O, soup & crackers, or toast.
- Your child might vomit from the anesthesia on the day of surgery, but this should stop by the morning after surgery. Call the office if vomiting persists.
- Your child should have regular bowel movements but may experience some constipation after surgery.
- Give fruits, vegetables, & juices after surgery to prevent straining.
- If your child does not have a bowel movement within 24 hours after surgery, you may _____.

Call the Hospital if your Child Experiences any of the Following:

- Bleeding from the incision or around the stitches or diaper full of bright red blood. It is ok if urine is pink tinged while the stent is in place.
- Fever of 101° F or higher that is not related to a cold or virus.
- Upset stomach or vomiting after the first day home.
- Has pain that is not relieved by medication.
- Seems to be straining or unable to urinate.

Phone Number

Department of Urology – 508-334-8765

Find this handout and more at:

<https://www.umassmed.edu/urology/patient-education/pediatric-patient-education/>