

Our Curriculum

| <u>PGY-1</u> | <u>PGY-2</u> | <u>PGY-3</u> |
|----------------------------|-------------------------------|-------------------------------|
| 2-week didactic course | 4-week global travel | 4-week global travel |
| 2 week travel to Nicaragua | Monthly longitudinal workshop | Monthly longitudinal workshop |

First year

- Exposes you to a community-health based system
- Familiarizes you with the local health care structure and medical system
- Introduces you to our local partners and communities we work with
- Spanish immersion

Second and third years

- One month away elective, either clinical or research-based, in one of our global partner sites in Nicaragua, Dominican Republic or Kenya

Other:

- Monthly global health workshops with a broad, hands-on, global health curriculum in collaboration with the Global Health Fellowship.
- Attend and present at national conferences and at Family Medicine Grand Rounds
- You can choose to develop leadership skills by co-leading intern trip to Nicaragua in third year
- Have an opportunity to participate in longitudinal refugee health experience and learn about refugee care

Funding

The Department of Family Medicine and Community Health will fund the interns' international experience. The Department will also offer assistance to residents applying for travel grants.

Spanish

For those who choose to focus on our Nicaragua and Dominican Republic sites, the program will provide:

- Longitudinal 3-year Spanish language training
- Weekly Spanish classes in Worcester
- Spanish language school in Nicaragua and DR
- Homestays with full cultural immersion
- All costs covered by the Track
- Residents report significant improvement in Spanish language proficiency



"The Track allowed me to improve my medical Spanish tremendously, and taught me a great deal about practicing medicine in resource-poor clinical settings. In addition, I have forged lasting friendships with my host family and their community."

Noah Rosenberg, MD
Class of 2015

Application Process

Participation in the Global Health Track is limited to three entering residents each year. A required application can be obtained from the residency administrators in Worcester or Fitchburg.

To learn more about the Global Health Track, please contact Track Director Olga Valdman, MD at Olga.Valdmanfhw@umassmed.edu or find us at umassmed.edu/fmch/residency/worcester



Department of Family Medicine and Community Health

Global Health Track



Develop your clinical, research and leadership skills through our residency's longitudinal global health experience!

Become proficient in Spanish!

Join us to become a leader in family medicine, locally and globally!

Our Mission

The UMass Family Medicine Global Health Track is designed to enhance the training of family medicine residents in the key principles of global health.



Our Goals

To develop.....

Clinicians who will provide competent and compassionate primary care in any setting.....

Learners with the capacity and desire to learn from other disciplines and cultural contexts.....

Educators skilled to teach a variety of learners of different levels and disciplines....

Leaders prepared to guide health care policy and the distribution of health care resources to improve the health of vulnerable populations.....

Researchers capable of assessing needs of the community and using research to promote health and treat disease in the global context....

From Central MA....



“Our philosophy for the track is prioritizing sustainability and equitable partnerships with our colleagues in other countries. For the residents, I work hard to meet their needs individually as each has different prior experience and future goals when it comes to Global Health.”

“I strongly believe that Family Medicine is uniquely positioned to address many of the key issues globally and our Global Health Track and the Global Health Fellowship will strive to prepare future leaders ready to tackle this challenge. ”

Olga Valdman, MD
Director, Global Health Track



At the completion of residency, a certificate of added training will be given to residents who have completed the Global Health Track.

.... to the World!



“Wherever we went the heart of Nicaraguan hospitality shone through. You not only learn but you understand so much more by truly living in a community.”

Serena Hon, MD
Class of 2014

