

THE TRANSITIONS TO ADULTHOOD CENTER FOR RESEARCH

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NTACC Program Partners Collaborative
Thursday May 10, 2018



The Transitions to Adulthood Center for Research

Acknowledgements



The contents of this presentation were developed with funding from the Center for Mental Health Services, Substance Abuse and Mental Health Services Administration (SAMHSA), and the National Institute on Disability, Independent Living, and Rehabilitation Research (NIDILRR grant number 90RT5031). NIDILRR is a Center within the Administration for Community Living (ACL). ACL and SAMHSA are part of the Department of Health and Human Services (HHS). The contents of this presentation do not necessarily represent the policy of NIDILRR, SAMHSA, ACL, or HHS, and you should not assume endorsement by the Federal Government.



The Transitions to Adulthood Center for Research

Who we are



Maryann Davis, Ph.D.
Marsha Ellison, Ph.D.
Kathryn Sabella, Ph.D.

12+ staff (7 PAR staff)

Collaborating Partners

- Pathways RTC (PSU)
- RTI International
- Oregon Social Learning Center (OSLC)
- Thresholds

Funders

- NIDILRR
- SAMHSA
- NIMH
- NIDA



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Strategies

1. Participatory Action Research: Active partnership with young adults with serious mental health conditions (SMHC) in all phases of research and knowledge translation
2. Conduct cutting-edge rigorous research that tests or informs interventions
3. Develop and translate research and expert-based knowledge to platforms for ready access and use by multiple stakeholders



Transitions to Adulthood Center for Research

Systems and Psychosocial Advances Research Center/Department of Psychiatry/UMass Medical School

<https://www.umassmed.edu/TransitionsACR/>



Clinical Effectiveness Trial of MST-EA (NIMH)

Clinical Effectiveness Trial of MST-EA (NIDA)

The Learning & Working During the Transition To Adulthood RRTC (SAMHSA/NIDILRR)

Helping Youth on the Path to Employment (NIDILRR)

Translating Evidence to Support Transitions (NIDILRR)



Mission: to improve supports for youth and young adults, ages 14-30, with serious mental health conditions to successfully complete their schooling and training and move into rewarding work lives.



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L&W RRTC Research Projects

- R1** Improving outcomes of youth and young adults (ages 16-21) with SMHC with adapted Individual Placement and Support
- R2** Peer academic coaching support for college students (PASS)
- R3** An examination of the transition to employment among adolescent offenders making the transition to emerging adulthood
- R4** Career development activities in young adulthood among individuals with SMHC
- R5** A Prospective Longitudinal Study of Y & YA Employment and Education
- R6** Collaborations in the Triangle: VR, Adult, and Child Mental Health



Other content areas of expertise

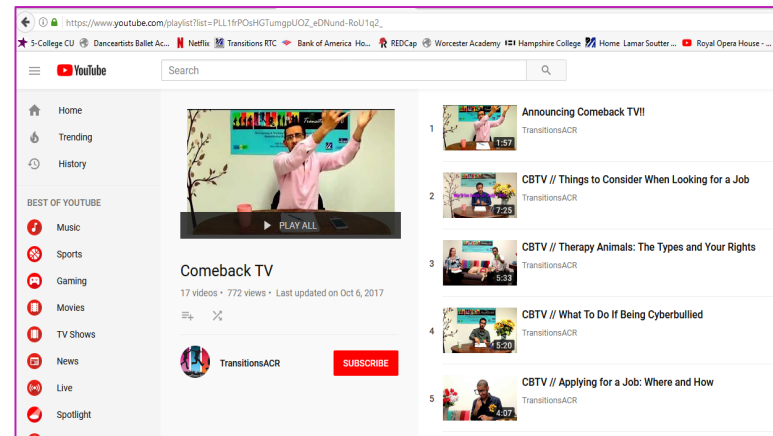
- Young adult peer mentors
 - Toolkit <https://www.umassmed.edu/TransitionsACR/publication/effectively-employing-young-adult-peer-providers---a-toolkit/>
 - Best supervision practices
- Psychosocial development in young adulthood
- Young adult advisory boards and Participatory Action Research (PAR)
 - Engaging young adults in research and treatment
- Young adult parents
- Implementing innovative practices
- Simultaneously supporting employment and education



Knowledge Translation & Dissemination Efforts and Activities



- **Electronic Platforms:** Facebook, Twitter, YouTube
- **Printed Media:** Tip Sheets, Briefs, Infographics
- **Webinars:** 24 Webinars since October 2014
- **Young Adult Friendly Media:**
 - Comeback TV YouTube Show
 - Voices4Hope Resource Site



Training and Technical Assistance

- **Technical Assistance Audiences:**

- NITT-HT Grantees
- Other SAMHSA grantees (e.g. Systems of Care)
- State or local agencies and providers
- Other researchers
- Policy makers

- **Examples of recent trainings:**

- Implementing Peer Mentors
- Supervisors of Peer Mentors
- Implementing Youth Advisory Councils in Delaware
- Delaware Summit

- How to request

<https://www.umassmed.edu/TransitionsACR/need-help/>



Contact Information

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<https://www.umassmed.edu/TransitionsACR/>

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